

# Relationships and Sexuality Education - Information for parents and carers

## Our Vision

We are committed to providing a high quality education and a curriculum which equips our pupils with the skills to thrive in today's society. Our priorities are safety, healthiness and happiness.



RSE is a statutory requirement in the Curriculum for Wales framework and is mandatory for all learners from ages 3 to 16. The RSE Code sets out each strand of teaching and learning in three broad developmental plans.

The mandatory RSE Code supports schools to design their own RSE. Pupils will be involved in designing the curriculum so that it addresses their needs and issues that they identify.

These strands allow practitioners to design and develop a curriculum, which is developmentally appropriate for specific learners.

### Relationships and Sexuality Education will be introduced to the pupils through:

- Circle Time Activities
- Story Books
- Curriculum subjects
- Personal and Social Education programmes
- Informally as opportunities arise in the classroom.

### Topics will cover:

- Relationships, identity and rights of the individual.
- Reproduction, the human body, health issues and well-being.
- Learner's rights to safety and freedom from discrimination.
- How and where to seek help, information and support.

Learning Outcomes for Phase 1 – from age 3	Learning Outcomes for Phase 2 – from age 7	Learning Outcomes for Phase 3 - from age 11
<ul style="list-style-type: none"> <li>• Have the ability to act with kindness and a respect for others.</li> <li>• Have an awareness of the diversity of families.</li> <li>• Use accurate terminology for body parts.</li> <li>• An awareness of life cycles and reproduction.</li> <li>• An awareness of self-care and hygiene.</li> </ul>	<ul style="list-style-type: none"> <li>• Have the ability to form and maintain relationships, which are equitable, respectful and kind.</li> <li>• To understand how to be a good friend and advocate for others.</li> <li>• Recognise the characteristics of different families.</li> <li>• Value and recognise the importance of sex and gender equality.</li> <li>• Have an understanding of fertility and the process of reproduction.</li> <li>• Have the knowledge and skills needed to manage personal self-care and hygiene.</li> <li>• Have an understanding of the right for everyone to be free from harm.</li> <li>• Have an awareness of the benefits and dangers of the internet and social media in forming friendships online.</li> </ul>	<ul style="list-style-type: none"> <li>• Have an understanding of the positive and negative characteristics of a range of relationships.</li> <li>• To recognise the importance of equity, and mutual respect.</li> <li>• Have an understanding about the diversity of relationships.</li> <li>• Understand and respect all people in relation to sex, gender and sexuality.</li> <li>• To understand fertility, sexual function and menstrual health and how to find information and support when needed.</li> <li>• To understand how hormones affect emotional and physical health.</li> <li>• Critically engage with positive and negative representations of a diversity of bodies.</li> <li>• Understanding the importance of inclusivity.</li> <li>• Developing a sense of individual and social responsibility to others.</li> <li>• Recognising harmful behaviour in personal relationships.</li> <li>• Understand how to advocate for safe environments and the rights and understanding of everyone on a range of RSE issues.</li> </ul>

Our school website provides more information. There will be an opportunity to raise any questions that you might have in this questionnaire, and in upcoming information sharing workshops.

**Bishop Gore Partnership Cluster**

